

**MUSSAR VAAD SYLLABUS:
CHAVIVA HIGH SCHOOL
2019-2020**

Instructor: Mrs. Ruchi Koval

Email: Rkoval@chavivahighschool.org

Course Overview:

This will be a “mussar vaad” based on the sefer Orchos Tzadikim. We will include journaling, group work, and week-long practices in between classes to reinforce each middah.

Course Goals/Objectives:

The goal is to teach middah development based on the classic mussar tools: text study, peer support, cheshbon hanefesh (journaling), and daily practice. As well as to engage students, encourage questions and ignite a passion for lifelong learning.

Course Content:

We will include the 28 middos listed in the Orchos Tzadikim

Materials for Class:

Orchos Tzadikim Sefer, Journal

Classroom Rules/ Expectations: Students are expected to participate in the conversation, journal, and practice the “homework.” Doing other distracting activities is not OK.

Homework Policy: Practicing the mussar habits is the only homework.

Grade Breakdown:

10% Attendance

10% Participation/journaling

10% Homework (daily mussar practice)

20% semester report

50% entry/exit quiz